

ENERGY HEALING

workshop

**Discover the 26 Energy Locks of your
Body**

March 29th

at 2 pm

**Metta Centre,
1 Chapel Street St. Ives**

with IRENE LAURETTI, Energy Healing practitioner and published author of two internationally acclaimed Health & Wellness books and numerous articles in British and international magazines.

Duration: ~ 3 hours

**Cost: £ 25.00, £ 20.00 if booked and payed before
March 22th. Includes Energy Lock Chart.**

Snacks and hot drinks provided

- Improve general wellbeing**
- Activate your immune system**
- Quick help for ailments like headaches, backaches, stiff shoulders, pain, phobias, stress and many more.**

Bring: comfortable clothing, writing pad and colour pencils.

**INFO AND BOOKINGS: Call Irene on
07805432506**

www.irenelauretti.com