ENERGY HEALING

workshop based on the ancient Japanese healing Art Jin Shin Jyutsu® 1st of December at 2 pm Sancreed Village Hall

with IRENE LAURETTI, Energy Healing practitioner and published author of two internationally acclaimed Health & Wellness books and numerous articles in British and international magazines.

Duration: 2-3 hours

Cost: £ 20.00, £ 15.00 if booked and payed in advance.

Concessions available.

Snacks and hot drinks provided

- Improve general wellbeing
- Activate your immune system
- Quick help for ailments like headaches, backaches, stiff shoulders, pain, phobias, stress and many more.

Bring: comfortable clothing, writing pad and colour pencils.

INFO AND BOOKINGS: Call Irene on 07805432506

www.irenelauretti.com